

NON-DESTRUCTIVE EVALUATION OF IN-PLACE REHABILITATED CONCRETE PAVEMENTS

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Abstract. Several in-place rehabilitation techniques have been used before placing an Asphalt Concrete (AC) overlay on Portland Cement Concrete (PCC) pavements in attempts to minimize reflection cracking. Among these techniques, "rubblization" of PCC has been recognized to be the most utilized procedure for the mitigation of reflection cracking in US. This paper presents the practices on the use of rubblization in US and discusses the performance of this technique based on field evaluation. The specifications for the rubblization procedure used by state Department of Transportation (DOT) in US were reviewed. To evaluate the performance of rubblization technique, the structural and the surface conditions of AC overlaid pavements with rubblized PCC layer are compared to those with virgin PCC layer. A series of field experiment tests were carried out on six representative AC overlaid pavements with both rubblized PCC and virgin PCC in Iowa during 2007. The field experiment tests include the Nondestructive (NDT) and destructive tests, and the distress survey. Deflection Basin Parameters (DBPs) were derived from NDT test results to characterize the structural condition of pavements. The results indicate that the rubblized PCC layer has strength comparable to that of virgin PCC layer and has better performance under that structural condition.

Keywords: concrete, asphalt, rehabilitation, pavement, nondestructive test, rubblization.

1. Introduction

Asphalt resurfacing on distressed Portland Cement Concrete (PCC) pavements is one of rehabilitation strategies that many agencies in the world have been used (Rolt *et al.* 1986, 1996; Ellis *et al.* 2002). However; reflection cracking is a main concern when applying a new asphalt surface to joints and crack in the underlying concrete. The movement of the PCC pavement (caused by traffic loading or thermally induced expansions and/or contractions or a combination of both) causes excessively high strains to develop at the bottom of the Asphalt Concrete (AC) overlay, above the joints and cracks, which leads to upward crack propagation, resulting in reflection (or reflective) cracking (Freeman 2002).

Several surface preparation techniques have been used before placing an AC overlay in attempts to minimize reflection cracking. Some of the most common techniques are fractured slab techniques including rubblization, crack-and-seat, break-and-seat, and saw and seal. The results from many comprehensive investigations in US conducted all indicate that rubblization among fractured slab techniques is the most utilized procedure for the mitigation of reflection cracking (PCS/Law 1991; NAPA 1994; Ksaibati *et al.* 1998).

Rubblization is an in-place rehabilitation technique that involves breaking the concrete pavement into pieces. The sizes of the broken pieces usually range from sand size to 75 mm (3 in) at the surface and 305 to 381 mm (12 to 15 in) on the bottom part of the rubblized layer (Von Quintus *et al.* 2007)

Considerable research in US and east Asia (PCS/Law 1991; NAPA 1994; Thompson et al. 1997; Ksaibati et al. 1998; Heckel 2002; Baladi et al. 2002; Timm and Warren 2004; Gulen et al. 2004; Scullion 2006; Wienrank and Lippert 2006; Von Quintus et al. 2007; Chen et al. 2008; Gucunski et al. 2009) has been conducted on rubblization in the recent past but this technique were not much studied in European countries as considering several research efforts for other fracture technique such as cracking and seat (Ellis et al. 2002). The results of research in US indicated that the performance of this technique varied from place to place and from project to project. These indicate that it is a need to gain more information on the performance of this technique significantly increasing the use as a viable rehabilitation strategy.

The primary objectives of this study were to present the practices on the use of rubblization in US and evaluate this technique with comparison of the structure and the surface condition of AC overlay pavements with rubblized PCC layer and those with PCC layer without rubblization. The specifications for the rubblization procedure of state Department of Transportation (DOT) in US were reviewed and presented. The six representative AC overlay pavement sections in Iowa were primary selected considering state wide location and pavement age. The series of field experiment tests were carried out at the selected test sections in 2007. The field experiment tests included the Nondestructive (NDT) and destructive tests, and the distress survey for the characterization of the structure condition and the surface condition, respectively. The procedures and the results of data analysis, especially analysis of Deflection Basin Parameters (DBPs) derived from Nondestructive test results, are discussed in this paper.

2. Rubblization Technique

The Asphalt Institute in the US has established a sevenpart process for rubblized pavements that is outlined below (Fitts 2001):

- a) Remove any existing overlay;
- b) Install an edge drainage system, preferably two weeks before fracturing the concrete;
- c) Sawcut the full thickness of the PCC pavement, along the longitudinal joint, if the adjacent pavement is to remain intact;
- d) Rubblize the PCC pavement;
- e) Cut and remove exposed reinforcement;
- f) Roll fractured PCC;
- g) Place AC.

In general, two types of equipment are used in the rubblization process: Resonant Pavement Breaker (RPB) and Multiple-Head Breaker (MHB). The rubblization procedure plays an important role in long-term performance of the pavement. The RPB shown in Fig. 1a uses vibrating hammers to demolish the existing pavement. This system breaks the concrete slab and destroys the bond between the concrete and the steel. It works on the principle that the frequency of a vibratory force can be varied until the resonant frequency of the body being vibrated can be determined. More details of the equipment are available at the reference (Resonant Machines Inc. 2007).

The other common rubblizing equipment is the MHB as shown in Fig. 1b. The equipment is of the self-contained and self-propelled type, which is capable of rubblizing the pavement over a maximum width of 4 m (13 ft.) per pass. The hammers used by this breaker are mounted laterally in pairs, with half of the hammers in the forward row and the remainder diagonally offset in the rear row. More details of this equipment are available at reference (Antigo Construction, Inc. 2007).

The Illinois DOT in the US specifies that the construction process begins with the installation of drainage elements, as required, and getting the surface prepared. The first consideration in Illinois DOT guidelines for rubblizing concrete pavements (Heckel 2002) is whether the rubblized pavement would protect the subgrade. If conditions exist that would result in extensive removal and replacement of the existing pavement, or if the subgrade is weak and would result in severe construction problems, Illinois DOT guidelines recommend the consideration of other rehabilitation options. Wisconsin DOT (2007) in the US also requires an investigation of subgrade strength, since construction practices consist of paving concrete pavements directly on top of subgrade, and



a)



b)

Fig. 1. Equipment in the rubblization: a) Resonant Pavement Breaker (Resonant Machines, Inc. 2007); b) Multi-Head Breaker (Antigo Construction, Inc. 2007)

"weak" subgrades make rubblization susceptible to subgrade yielding problems.

Several DOTs in the US, including Arkansas (Arkansas DOT 2003), Michigan (Michigan DOT 2003), Ohio (Ohio DOT 2005), Illinois (Heckel 2002), and Alabama (Alabama DOT 2006) require the use of test strips and closely monitor them to calibrate the rubblization equipment to the existing site conditions. The 0.9 by 0.9 m (3 by 3 ft.) pit to physically observe the performance of the equipment confirms or denies the required particle sizes that are obtained at the bottom of the PCC pavement layer. The Illinois (Heckel 2002), Indiana (Indiana DOT 2006), and Ohio (Ohio DOT 2005) DOTs require that the AC overlay is placed on the rubblized concrete within 48 hours after the rubblization process. In the event of rain, the contractor is to delay overlay placement to provide sufficient time for the moisture to drain out or dry. The rubblization process is to be discontinued in the event of rain until the paving operation starts. Additionally, no traffic is allowed to drive on the pavement until the first lift of the overlay is placed.

3. Experimental Data Collection

A field experiment was carried out during summer in 2007 to evaluate the structure and surface condition of AC overlay pavements with rubblized PCC layer and

Test Sec- tion No.	Location		Layer Thickness (mm)			Rub-	Average Daily Truck	Construction
	County	Road	AC	Granular	PCC	blization	Traffic (AADT)	Year
1	Franklin	C23	191	76	234	Yes	120	1998
2	Mils	L55	180	0	155	Yes	820	1999
3	Black Hawk	D16	168	0	191	Yes	1,280	2001
4	Dubuque	Twelve Mile Road	132	130	249	No	810	2001
5	Scott	F33	157	0	150	No	445	2004
6	Winneshiek	IA 139	153	0	174	No	1,010	2001

Table 1. List of pavement sites for data collection

non-rubblized PCC layer. Six representative pavement sections listed in Table 1 were primary selected considering state wide location and pavement age in Iowa, US. The selected AC overlay pavement sections included three pavements with rubblized PCC layer and three pavements with non-rubblized PCC layer. The selected three pavement sections with rubblized PCC layer had the similar ranges of pavement layer thickness, traffic volume, and construction year to the selected pavement sections with non-rubblized PCC layer. The experimental test methods included the Falling Weight Deflectometer (FWD), the Dynamic Cone Penetrometer (DCP) and visual distress surveys. Core samples were also conducted to collect insitu material, identify the layer underneath AC layer, and provided space for conducting the DCP test. Since the length of each selected in-situ pavement was not longer (less than 1 km), FWD and DCP tests and coring were performed on three locations in each test section - start (A), middle (B), and end (C) point. The visual distress survey was conducted on the entire test section.

3.1. Nondestructive Test

FWD has become the standard equipment for evaluating the structural condition of a pavement structure due to the accuracy with which it can measure the deflected shape of a loaded pavement at appropriate rates of loading. The FWD test is conducted by applying dynamic (impulse) loads to the pavement surface, similar in magnitude and duration to that of a single heavy moving wheel load. The response of the pavement system is measured in terms of vertical deformation or deflection over a given area using geophones. In this research, the FWD was used as the main NDT equipment to evaluate the structural condition of the AC overlay pavement sections. Deflection data were collected using Iowa DOT's JILS-20 FWD by applying a step loading sequence of 27, 40, 53, and 67 kN (6,000, 9,000, 12,000 and 15,000 lbs) at three different locations (start, middle, and end point) in each test project. The locations of eight geophones in the Iowa DOT's FWD equipment are at $0 (D_{0mm})$, $203 (D_{203mm})$, $305 \ (D_{305mm}), \ 457 \ (D_{457mm}), \ 610 \ (D_{610mm}), \ 914 \ (D_{914mm}),$ 1219 (D_{1219mm}), and 1524 mm (D_{1524mm}) from the center of FWD plate load.

3.2. Destructive Test

A DCP test as a main destructive test was conducted at the same locations after coring where a FWD test were conducted. The DCP tests were conducted to collect additional information about the in-situ subgrade soil properties. The DCP is an in situ device where measurements of penetration per blow (mm/blow) are obtained. In 2009, the ASTM published a standard for use of the DCP (ASTM 2009), "Standard Test Method for Use of the Dynamic Cone Penetrometer in Shallow Pavement Applications". The device works by using a standard 8 kg (17.6 pound) hammer, which is lifted to the handle and dropped to the anvil, forcing the rod to penetrate the compacted soil area.

3.3. Distress Survey

Distress surveys over the entire test section were conducted for the selected project sites identified in the field evaluation program. The distress survey methodology employed was similar to that described in the Strategic Highway Research Program's (SHRP) "Distress Identification Manual for the Long-Term Pavement Performance (LTPP) Project (Miller and Bellinger 2003)". A distinction was made between reflective cracking and low – temperature (transverse) cracking. Cracking was identified as "reflective cracking" when the transverse cracks were uniformly spaced (corresponding to PCC joint spacing underneath the AC layer).

4. Structural Condition of Pavements

4.1. FWD test and DCP test results

Two-frequency FWD tests denoted as D/1 and D/2 in Fig. 2 were conducted on a single location to identify the FWD sensor measurement errors. No significant differences were observed, which confirmed that the employed FWD equipment can produce consistent results for same test material. The measured deflections on geophones were responding linearly to increasing FWD loads (see Fig. 2). This indicated that the deflections at different FWD load levels could be normalized to the deflections at one FWD load level. The measured deflections at 27, 53 and 67 kN of FWD loads were normalized to the deflections at 40 kN of FWD load in accordance with the following equation.

$$D_{normalized} = D_{actual} \times \frac{P_{actual}}{P_{40kN}},$$
(1)

in which, $D_{normalized} = 40$ kN of FWD load normalized deflection measurement, $D_{actual} =$ actual deflection measurement, $P_{actual} =$ actual applied FWD load, $P_{40kN} = 40$ kN of FWD load. The rubblized PCC and the non rubblized PCC sections were tested on same or successive days, and 1 °C difference was measured *in-situ*. Variability of FWD measures due to temperature is negligible.

Fig. 3 presents the values of normalized deflection at D_{0mm} of FWD geophone for each test section. The D_{0mm} deflection provides an indication of the overall pavement strength. As seen in Fig. 3, the average D_{0mm} value of 262 µm in rubblized PCC sections is slightly lower than that of 281 µm in non rubblized PCC sections. This result indicates that AC overlay with rubblized PCC pavement has better or at least similar overall pavement strength to AC overlay with non-rubblized PCC pavement.



Fig. 2. FWD deflections with loads



Fig. 3. FWD deflection at D_{0mm} in test sections

The DCP measures as shown in Fig. 4a has been correlated to the California Bearing Ratio (CBR, percent) which has been further correlated to the resilient modulus (M_r). The values of M_r for each test section were calculated using the DCP measure – CBR– M_r Correlation equations (ASTM 2009; NCHRP 2004) shown below.

$$CBR(\%) = \frac{292}{DCPI^{1.12}},$$
 (2)

$$M_r(psi) = 2555(CBR)^{0.64}$$
. (3)

CBR is the California Bearing Ratio (%), DCPI is the dynamic cone penetration index (mm/blow), and M_r is the resilient modulus (psi). As seen in Fig. 4b, the average M_r value of 80 MPa in rubblized PCC sections is higher than that of 71 MPa in non rubblized PCC sections. However, the higher average of M_r values in rubblized PCC sections may not be significant considering higher variation within test sections. This result indicates that the rubblization could be performed on subgrade conditions similar to that of AC overlaid non-rubblized PCC pavements.



Fig. 4. DCPI and M_r in test sections: a) DCPI; b) M_r

4.2. Deflection Basin Parameters (DBPs)

Using the measured FWD surface deflections, Deflection Basin Parameters (DBPs) were derived to characterize the structural condition of in-service pavements. Based on a comprehensive literature review, the most widely used and effective DBPs were identified. These parameters are AREA shape parameter, Area Under Pavement Profile (AUPP), Impact Stiffness Modulus (ISM), Surface Curvature Index (SCI), Base Curvature Index (BCI), and Base Damage Index (BDI). The definitions of these DBPs and their significance are discussed in here.

The AREA shape parameter defines the stiffness of the pavement structure as a shape factor. It is the area under the deflection basin curve (normalized with respect to D_{0mm}) using Simpson's rule. Thus, the AREA is a function of sensor location and has units of length (mm or inches). The maximum value cannot be greater than 914 mm (36 inches) corresponding to the case when the four sensor measurements are equal. The minimum AREA can be assumed to be the value computed using the elastic half-space model (the Boussinesq model). For most pavements, the FWD AREA will range from 281.9 to 914.4 mm (11.1 to 36 inches). The AREA parameter was initially proposed by Hoffman and Thompson (1982). The AREA is defined as:

$$AREA(mm) = \frac{6(D_{0mm} + 2D_{305mm} + 2D_{610mm} + D_{914mm})}{D_{0mm}}.$$
(4)

The Area Under Pavement Profile (AUPP) proposed by Hill and Thompson (1988) is also a FWD deflection basin shape parameter which is dimensionless. Its definition is complimentary to the AREA parameter, i.e., lower AUPP corresponds to higher pavement stiffness. Based on extensive ILLI-PAVE database (Hill and Thompson 1988), the horizontal strain at the bottom of the AC layer (ε_{AC}) has been correlated with the AUPP term for conventional and full-depth flexible pavements. Garg and Thompson (1998) and Alvarez and Thompson (1998) validated the ε_{AC} – AUPP relations based on the analyses of Mn/ROAD field data (FWD testing and AC strain gauge readings). They were found to be valid at various load levels. The AUPP is defined as:

$$AUPP = \frac{5D_{0\rm mm} - 2D_{305\rm mm} - 2D_{610\rm mm} - D_{914\rm mm}}{2}.$$
 (5)

The Impact Stiffness Modulus (ISM) is defined as the load required for producing unit deflection. It is computed as the ratio of FWD plate load (P) over maximum surface deflection (D_{0mm}) and is frequently used in airport pavement evaluation. The ISM is defined as (FAA 2004):

$$ISM \text{ (MPa/mm)} = \frac{P}{D_{0\text{mm}}}.$$
 (6)

Surface Curvature Index (SCI) can provide information on changes in relative strength of the near-surface layers, especially the AC layer. Based on their Finite Element (FE) analyses, Xu *et al.* (2001) found that for a certain thickness of the AC layer, the AC moduli and SCI values exhibit an approximately linear relationship in a log-log scale. The SCI has the same meaning as AUPP, i.e., lower SCI values mean higher pavement stiffnesses. The SCI is defined as:

$$SCI \ (\mu m) = D_{Omm} - D_{305mm}.$$
 (7)

The Base Curvature Index (BCI) is a subgrade condition indicator especially in aggregate base pavements and is strongly related to the subgrade modulus (Kilareski and Anani 1982; Horak 1987; Xu et al. 2001). The BCI is defined as:

$$BCI \ (\mu m) = D_{610mm} - D_{914mm}. \tag{8}$$

The Base Damage Index (BDI) is related to base layer modulus. The BDI is defined as:

$$BDI \ (\mu m) = D_{305mm} - D_{610mm}. \tag{9}$$

5. Comparison of DBPs in AC overlaid pavements with rubblized PCC layer and virgin PCC layer

The AREA, AUPP and ISM values for test sections are displayed in Fig. 5. Similar information for SCI, BCI and





Fig. 5. AREA, AUPP and ISM in test sections: a) AREA; b) AUPP; c) ISM

Fig. 6. SCI, BCI and BDI in test sections: a) SCI; b) BCI; c) BDI

BCI are displayed in Fig. 6. Overall pavement structure strength condition can be related to AREA, AUPP and ISM. SCI can provide information on changes in relative strength of the near-surface layers. BCI is a subgrade condition indicator especially in aggregate base pavements and is strongly related to the subgrade modulus. BDI is related to base layer modulus. Higher values of AREA and ISM mean higher pavement stiffnesses. On the other hand, lower values of AUPP, SCI, BCI, and BDI mean higher pavement stiffnesses.

It is observed from these figures that although there is some variation in each test section, the average values of DBPs are not significantly different between the rubblized PCC sections and the non-rubblized PCC sections. As seen in Fig. 5, both sections have similar overall pavement condition indicated from average values of AREA, AUPP and ISM. Especially, the average BDI value of 56 μ m in rubblized PCC sections is slightly lower to that of 61 μ m in non rubblized PCC sections as shown in Fig. 6c. Considering that BDI is related to the strength of base layer (rubblized PCC or non-rubblized PCC layer) and lower values of BDI mean higher stiffness, this result indicates that the strength of rubblized PCC layer are comparable, or even better, to that of PCC layer without rubblization.

6. Surface Condition of Pavements

Distress survey results are summarized in Table 2. In general, no load-associated distresses, such as fatigue cracking, were found in any of the test sections as shown in Fig. 7. The predominant distresses observed in the rubblized PCC sections are low-temperature cracks as shown in Fig. 8. No reflection cracking was observed in these rubblized PCC sections. However, some of the non-rubblized PCC section, especially IA-139 in Winneshiek County (No. 6), showed high-severity reflection cracking, as shown in Fig. 9. These results indicate that the rubblized pavement sections in Iowa have better performance under structural conditions comparable to that of non-rubblized sections.

Table 2. Summary of visual distress survey results

Test Section	Location		Rubbli-	Pavement Ages	Visual Distress Survey Results
No.	County	Road	zation?	at survey	
1	Franklin	C23	Yes	9	No cracks
2	Mils	L55	Yes	8	14 low temperature cracks
3	Black Hawk	D16	Yes	6	11 low temperature cracks
4	Dubuque	Twelve Mile Road	No	6	6 low temperature cracks
5	Scott	F33	No	3	24 low temperature cracks
6	Winneshiek	IA 139	No	6	More than 10,000 reflection cracks



Fig. 7. Picture of distress-free AC surface on rubblized PCC layer (No. 1: C23 in Franklin County)



Fig. 8. Picture of low-temperature cracking on AC-overlaid rubblized PCC pavement (No. 3: D16 in Black Hawk County)



Fig. 9. Picture of reflection cracking on AC-overlaid virgin PCC pavement (No. 6: IA139 in Winneshiek County)

7. Conclusions

The current practices on the use of rubblization are briefly presented. The structure condition information of six representative AC overlay pavement with and without rubblization were collected with Nondestructive and destructive test methods. The Deflection Basin Parameters (DBPs) derived from Nondestructive test (NDT) were used to evaluate the structural condition of rubblized PCC sections in comparison to that of non-rubblized PCC sections. The surface conditions of AC overlay pavement with rubblization and without rubblization were compared through distress survey. It was found that the rubblized PCC layer had comparable strength to PCC layer without rubblization and it has contributed to prevention of reflection cracking. These results indicate that rubblized pavements in Iowa have better performance under the structural conditions comparable to that of nonrubblized pavement sections.

Acknowledgments

The authors gratefully acknowledge the Iowa Highway Research Boards (IHRB) and the Iowa Department of Transportation (DOT) for supporting this study. The contents of this paper reflect the views of the authors who are responsible for the facts and accuracy of the data presented within. The contents do not necessarily reflect the official views and policies of the Department of Transportation. This paper does not constitute a standard, specification, or regulation.

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Santrauka

Siekiant nustatyti asfaltbetonio (AC) sluoksnio veiksmingumą, mažinant plyšių ir įtrūkių atsiradimą portlandcemenčio betono (NKK) dangose, buvo taikyti keli kelio dangų rekonstrukcijos metodai. Vertinant įvairius plyšių susidarymą mažinančius kelių rekonstrukcijos metodus, geriausiu buvo pripažintas regeneracijos metodas (PCC *rubblization*), taiko-mas JAV.

Nagrinėjama minėto regeneracijos metodo taikymo patirtis JAV ir analizuojamos jo taikymo galimybės bei veiksmingumas. Šį kelių atnaujinimo metodą taiko JAV Transporto departamentas (DOT). Siekiant įvertinti nagrinėjamo regeneracijos metodo veiksmingumą eksploatacinėmis sąlygomis, AC buvo padengtas pagal naująjį metodą paruoštu PCC sluoksniu, ir gauti tyrimų rezultatai palyginti su standartiškai paruošto PCC sluoksnio rezultatais. Natūriniai eksperimentiniai bandymai buvo atlikti, taikant neardomuosius (NDT) ir ardomuosius tyrimų metodus. Įlinkiai (DBPs) buvo nustatyti NDT bandymo metodais, charakterizuojančiais konstrukcines dangų sąlygas.

Darbo rezultatai parodė, kad pagal naująjį metodą paruoštas PPC sluoksnis įgijo panašų stiprį kaip ir PCC sluoksnis su standartine danga, tačiau regeneruota PPC danga įgijo geresnių eksploatacinių charakteristikų.

Reikšminiai žodžiai: betonas, asfaltas, rekonstrukcija, danga, neardomieji metodai, regeneracija.

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